

Guide to reporting a disability

Group name

Group number

Fastest and recommended method



Online

[Click here](#) or scan the QR code to start the claims submission process.



Phone

800-268-2525

Monday - Friday 8:00 am – 8:00 pm ET

If you already have a Guardian Anytime account, please [log in to Guardian Anytime](#) to file your claim.

Required information



Personal

- Group Plan number and Member ID*
- Name and address
- Phone number and email address
- Birthday
- Social Security number
- Bank routing and account number for direct deposit



Medical

- Physician's name
- Phone number

Questions?



Scan the QR code or click the link below to access our resource center.
guardianlife.com/forms/group/short-term-disability



What is Short Term Disability?



Disability terms to know

If you are unable to find what you need, call a Guardian Service Representative at 800-268-2525 between Monday and Friday, 8:00 am to 8:00 pm ET.